



Speech Performance Scale (SPS) Performance Rating Form - Self

Name:	Date:
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We would like you to rate yourself on the features listed below. For each feature, please circle the appropriate number to indicate how you felt you actually performed. Please answer as honestly as you can - your evaluation will remain completely confidential:

	Not at all 0	Slightly 1	Moderately 2	Much 3	Very much 4
1. Content was understandable	0	1	2	3	4
2. Kept eye contact with audience	0	1	2	3	4
3. Stuttered	0	1	2	3	4
4. Had long pauses (more than 5 seconds)	0	1	2	3	4
5. Fidgeted	0	1	2	3	4
6. "Um"ed and "Ah"ed	0	1	2	3	4
7. Had a clear voice	0	1	2	3	4
8. Seemed to tremble or shake	0	1	2	3	4
9. Sweated					
10. Blushed	0	1	2	3	4
11. Face twitched	0	1	2	3	4
12. Voice quivered	0	1	2	3	4
13. Appeared confident	0	1	2	3	4
14. Appeared nervous	0	1	2	3	4
15. Kept audience interested					
16. Generally spoke well	0	1	2	3	4
17. Made a good impression	0	1	2	3	4



Speech Performance Scale (SPS) Performance Rating Form - Other

Name:	Date:
Speaker:	

We would like you to rate the speaker you just heard on the features listed below. For each feature, please circle the appropriate number to indicate how you felt they rated. Your evaluation will remain confidential.

Not at all	Slightly	Moderately	Much	Very much
0	1	2	3	4

	0	1	2	3	4
1. Content was understandable	0	1	2	3	4
2. Kept eye contact with audience	0	1	2	3	4
3. Stuttered	0	1	2	3	4
4. Had long pauses (more than 5 seconds)	0	1	2	3	4
5. Fidgeted	0	1	2	3	4
6. "Um"ed and "Ah"ed	0	1	2	3	4
7. Had a clear voice	0	1	2	3	4
8. Seemed to tremble or shake	0	1	2	3	4
9. Sweated	0	1	2	3	4
10. Blushed	0	1	2	3	4
11. Face twitched	0	1	2	3	4
12. Voice quivered	0	1	2	3	4
13. Appeared confident	0	1	2	3	4
14. Appeared nervous	0	1	2	3	4
15. Kept audience interested	0	1	2	3	4
16. Generally spoke well	0	1	2	3	4
17. Made a good impression	0	1	2	3	4