Now that the warmer seasons are upon us, there’s no better time than the present to up the ante and increase your swimming practice!

Whether you’ve got a pool at home or have time following your lesson to make use of the recreation lane at the centre, what better way to spend your day than to do so waterside?

Parents – we thoroughly encourage you to join your children and enjoy the experience of learning the water together.

Kids – we encourage you to hone your skills, strokes and have fun!

Make sure, of course, that you continue to adhere to the Keep Watch Policy:

- 0-5 years and non-swimmers must be within and stay within arm’s reach of an accompanying parent/guardian at all times;
- 6-10 years must have constant supervision from a parent/guardian, with the parent physically close and prepared;
- 11-14 years must have a parent/guardian maintain visual contact with their child, regularly checking up on them.

Be safe, stay cool and enjoy our water facilities!
HALLOWEEN DRESS-UP WEEK

Please join us in a week’s long festival of fun, as it is Halloween at the Macquarie University Sport and Aquatic centre!

We’re encouraging all parents and children to join in the festivities by wearing fancy dress of your choice to and from their lessons at the centre. *(Costumes do not need to be scary, feel free to come as your favourite superhero, cartoon character or athlete)*

Two prizes *(to be announced)* will be awarded to those best dressed, so make sure you and your child wear your very best costume, take a picture and share it with the Macquarie Sport Facebook page or Macquarie Sport Instagram Page.

**Date/Duration:** Friday 25th October – Thursday 31st October 2019 (1-week)

**What to Do:** Wear any dress up/fancy dress with your child, share content with the Macquarie Sport Facebook page, become eligible for special prizes

**Prizes:** To be announced
LEARN TO SWIM AND SQUADS – OCTOBER 2019

HIRING – LEARN TO SWIM INSTRUCTORS
As the warmer seasons approach, so too does the activity in our swimming pools – and we’re casting the net out to our members who may have or know of, qualified instructors, who are keen to join our high quality and successful Learn to Swim Programs in an Instructor role.

At Macquarie University Sport, we value the feedback and input of our members – and now we’d love to extend the opportunity to qualified applicants to be a part of our organisation and actively contribute to the day-to-day running of the business.

If you feel you’re qualified and are interested in a Learn to Swim Instructor role, we’d love to hear from you! Click through to start your application today!

JUMP INTO SUMMER COLOURING-IN COMPETITION
Grab your colouring-in sheet from the Swim School Supervisor desk and get colouring to participate in our October School holidays competition!

A reminder to make sure you (your child) labels all sheets with their name on it and hands it in to the Swim School Supervisor desk to be in the running for some cool summer prizes! Competition closes at the end of the school holidays, Sunday 13th October 2019.

Click through to the Swimming information page to learn more information about the Learn to Swim and Squad Programs at Macquarie University Sport.