Pre-Departure and Arrival

WELCOME PACK FOR STUDY ABROAD AND EXCHANGE STUDENTS

TRAVELLING TO AUSTRALIA

THINGS YOU SHOULD REALLY KNOW FROM THE START

PASSPORT
Your passport must be valid for at least another 6 months at the time of arrival into Australia.

VISA
You are required to have a student visa to study full-time. Make sure you have a valid visa when entering Australia and obey your visa conditions during your studies. Have a hard copy of your visa in case required by airlines and customs inspections.

COE
You will need your electronic Confirmation of Enrolment (eCoE) including Letter of Offer and receipts of your tuition payments.

OVERSEAS STUDENT HEALTH COVER

Overseas Student Health Cover (OSHC) a requirement for entry to Australia, so make sure you have your health cover policy arranged before you leave home. The policy must cover the full length of your visa duration. Once you arrive in Australia, make sure you update your insurance provider with your details in Australia to validate the cover. Macquarie’s preferred OSHC provider is Allianz.

PLANE TICKET
It is suggested to book your ticket(s) well in advance and to arrive a few days before Orientation Week, this way you can fight the jetlag and adjust to climate and new surroundings.

BORDER CONTROL
When entering Australia, you must declare all goods which are subject to the restrictions imposed by the Department of Immigration and Border Protection. For a full list visit the Home Affairs website.

IMMIGRATION CARD
You will need to fill this out before entering the country of Australia. You will receive this card at the end of your flight, and it is wise to fill it out whilst on board before you disembark. Please fill this card out carefully and accurately, and you will be asked to give it to an immigration official who will direct you from there.

OTHER IMPORTANT DOCUMENTS
You should also have electronic copies and certified copies of your previous academic transcripts and certificates ready in case further academic approval is required.

PHONES
SIM cards can be purchased at the airport without a lock-in contract. Please see page 3 for more information.

TRANSPORT WITHIN SYDNEY
You will need an OPAL card (public transport smart card) to travel via public transport within Sydney. These can also be purchased at the airport.

VOLTAGE
The voltage in Australia is 240v.

STUDENT GUIDE
A free international student guide can be found at insiderguides.com.au.

ATMS/ CASH
Automated teller machine (ATMs) are located throughout the terminals if you wish to withdraw cash (Australian dollars). You will also find currency exchange companies at the airport.

TRANSPORT OPTIONS FROM THE AIRPORT

– Airport pick-up: For your first time arriving as a Study Abroad and Exchange student of Macquarie University, we offer free airport pickup service to new students. Please submit the form at least 3 working days before arrival. Also, the NSW International Student Airport Welcome Desk is now open Mon - Fri, 7.30am - 1.30pm, to greet students arriving at Sydney Airport.
– Taxi: You can access taxis when you arrive at the airport. You’ll find taxi ranks at the front of all terminals – simply follow the signs to the nearest taxi ranks.
– Train: Sydney Airport is located just 13 minutes by train from the city. Airport Link offers a fast and convenient way to reach the city and suburbs, with trains running approximately every 10 minutes. You will need an Opal card to use this service.
LIFE ON THE CHEAP

TIPS FOR STRETCHING YOUR BUDGET

LIVING COSTS
Estimated minimum living cost AUD 19,830 annually*
Rent: AUD200–AUD570 per week
Meal: average lunch AUD16
Transport: average AUD 40 per week

Reference link expatistan.com/cost-of-living/sydney

FOOD SHOPPING
• Shopping at the end of the day allows you to pick up bargains.
• Use reward cards and check the unit prices to save some money.
• Take advantage of a freezer by freezing meat you bought on sale, buying frozen vegetables and freezing left-over bread.

HEADING OUT
• Midweek is a prime time for student discounts such as cheap movie tickets and pub meal specials.
• Check university union as there might be free events, discounted vouchers, competitions and giveaways.

ACCOMMODATION IN SYDNEY

FIND THE PERFECT PLACE TO LIVE WHILE YOU STUDY
There are 7 accommodation providers on or around the campus including:
• Robert Menzies College
• Dunmore Lang College
• Morling Residential College
• Macquarie University Village
• Iglu Chatswood

On-campus accommodation is limited and is on a first-come first-served basis. Please apply online as soon as possible. Note: COE is mandatory to secure a place.

RENTING PRIVATELY – HOW TO RENT A PROPERTY
• Inspect the property
• Upon decision, you will need to hand in the following documents:
  – References
  – Bank account details with funds
  – Copy of passport
  – Copy of driver license
• If your application has been successful, you will have to put down a bond (usually 2 – 4 weeks of rent)
• Fill out a condition report, photograph and mark existing damage on the report
• Carefully read the contract, obtain and keep a copy of the contract, learn who is responsible for utilities
• Pay attention to details, e.g. length of lease, etc.
• Useful websites:
  – flatmates.com.au
  – gumtree.com.au
  – realestate.com.au
  – domain.com.au
INTERNET AND WIFI

PRIVATE
Below are the popular network providers in Australia:
Telstra, Optus, Vodafone, Virgin, Lycamobile

ON CAMPUS
You will be able to access Macquarie's wireless network, Macquarie OneNet, for free while on campus using your OneID and password. It allows multiple devices to be logged in using the same OneID details.

MOBILE PHONES PREPAID VS. PLAN

SIM CARDS
Make sure your mobile phone isn’t locked to your current provider and unlocked for international use. Simply ask your local provider for details.

If your phone is unlocked, you can choose either a prepaid or plan option from one of the 3 major telecom providers: Telstra, Optus and Vodafone Australia.

telstra.com.au
optus.com.au
vodafone.com.au

BANKING IN AUSTRALIA
There are four major banks in Australia: NAB, ANZ, Westpac and The Commonwealth Bank of Australia

SETTING UP AN ACCOUNT
You will need to provide the bank of your choice with photo ID, proof of enrolment and proof of Australian address (e.g. lease agreement). You can set-up an Australian bank account while you are still offshore.

ELECTRONIC PAYMENT
Electronic payment (bank cards, credit cards etc) and cash’ are both widely accepted among businesses in Australia.
AUD 10,000 cash or more needs to be declared to the Australian customs.

TRANSFERRING FUNDS
Making a transaction is easy. Simply ensure you have all the required codes and the correct account numbers.

INTERNET BANKING
Monitor and manage your funds regardless of your location. All 4 banks offer apps through which you can manage your banking too.
BEING NEW TO MACQUARIE UNIVERSITY
Main study period for an academic year:

- Session 1: February – July
- Session 2: July – December
- Session 3: December – February

KEY DATES
IMPORTANT DATES FOR SESSION 1, 2023

<table>
<thead>
<tr>
<th>DATE</th>
<th>ACADEMIC CALENDAR</th>
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<tbody>
<tr>
<td>13 – 17 February 2023</td>
<td>Kickstart Week</td>
</tr>
<tr>
<td>20 February 2023</td>
<td>First day of class (O-week S1 2023)</td>
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<tr>
<td>5 March 2023</td>
<td>Last day to add and drop a unit for exchange and study abroad students*</td>
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<tr>
<td>10 - 21 April 2023</td>
<td>Mid-session break</td>
</tr>
<tr>
<td>24 April 2023</td>
<td>Session 1 resumes</td>
</tr>
<tr>
<td>5 – 23 June 2023</td>
<td>Exam period</td>
</tr>
<tr>
<td>23 June 2023</td>
<td>Session 1 ends</td>
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*If you are under a Study Abroad program and wish to add/drop units, please email mi.exchange@mq.edu.au

KEY SESSIONS
13 – 17 FEBRUARY
Kickstart Week – DO NOT MISS

Date TBC
Exchange & Study Abroad Welcome Talk

Date TBC
International Student Arrival Talk

Date TBC
Faculty Welcome Sessions and Academic Advising

ALL WEEK!
Fun activities! Register for your orientation activities. The full program for Kickstart Week and O-Week and registration for events will be available on our [Orientation](#) page early 2023.

NOTE: All study abroad and exchange students must attend ONE of the arrival talks.

We will hold a pre-departure webinar in the coming weeks!

ORIENTATION WEEK
YOUR MACQUARIE JOURNEY STARTS HERE

- MEET NEW FRIENDS
- MEET THE MENTORS
- JOIN A SOCIETY
- ACTIVATE ALL YOUR ACCOUNTS
- MEET YOUR FACULTY
- JOIN AN ASSOCIATION
- SCHEDULE YOUR STUDY PLAN
- NAVIGATE THE CAMPUS
- UNDERSTAND THE SERVICES AVAILABLE
APP
Download the Orientation Week App to view the program, register for activities and keep up-to-date with what’s happening on campus during O-week. More information will be provided on the app in an email to your student account shortly.

ENROLMENT
ENROLMENT PROCESS
You will need your One ID to enrol (student ID, can be found on top right corner of your offer letter).

PROCESS FOR EXCHANGE STUDENTS ONLY
(NOT APPLICABLE FOR STUDY ABROAD STUDENTS)
APPROVAL REQUEST PROCEDURE FOR EXCHANGE STUDENTS
Once you have done your research on the handbook and unit guide and know which units you would like to study, you can enrol into the units. You will need to apply for special approval for units that have prerequisites. Please note that units on the restricted list are not available for Exchange students. To submit your special waiver request, please log-in to ask.mq.edu.au.

STILL STUCK?
- Email mi.exchange@mq.edu.au
- Attend the International Students Talk during Orientation Week
- Seek help from Service Connect (MUSE building, 18 Wally’s Walk)

TIME TO STUDY
• You are requested to enrol into a minimum of 3 units and a maximum of 4 units per session. Please make sure to check with your home university the number of units you will need to enrol in at Macquarie University. As an international student, you can study up to 25% of your course externally or online.
• Attend your lectures and tutorials
• Use iLearn to access all learning material
• Make sure you take good use of student support services such as: faculty student advising, mentors and buddies, PAL and PASS programs, library, campus wellbeing

GETTING TO CAMPUS
TRANSPORT OPTIONS
Getting to Macquarie University and exploring the city’s neighbourhood is convenient – with several safe, efficient and easy to use transportation options to choose from.

TRAIN
Macquarie University to Central – easy!

BICYCLE
Stay Healthy and ride.

BUS
Macquarie Centre is a bus hub.

CAR
Plenty of parking around campus.
UNDERSTAND YOUR VISA

RULES OF YOUR STUDENT VISA
COURSE DURATION, STUDY LOAD AND PROGRESSION
You are required to complete your course within a set period of time indicated on your eCoE. This means you must be enrolled full time study load unless you have special permission, and you must maintain a ‘minimum rate of progress’ = 50% pass of units.

CHANGE OF ADDRESS OR CONTACT DETAILS
Always update your details on eStudent.

PART-TIME JOB
While on a student visa, you can work up to 40 hours a fortnight during the session and unlimited hours during session break.

More information on visa conditions can be found online or and you can contact our Student Advocacy & Support Team on-campus. homeaffairs.gov.au/trav/stud

WORKING IN AUSTRALIA

TFN (TAX FILE NUMBER)
Getting a TFN is very important. This ensures you get taxed at the correct rate for the amount of work you're doing. You can have more information here.

CAREERS SERVICE
Student jobs database: careerhub.mq.edu.au/students

JOBS ON CAMPUS
Visit campuslife.mq.edu.au

JOB BOARDS ON EXTERNAL SITES
• Recruitment Agencies (you don't pay a fee)
• Newspapers (local and national)
• Professional Associations
• Personal contact
• Visit one of the following websites to find jobs online:
  - seek.com.au
  - au.indeed.com
  - spotjobs.com.au
  - au.jora.com

CAREER AND EMPLOYMENT SERVICE

REGISTER ON CAREERHUB
Search for jobs, book appointments, and register for events, visit the Career Hub.

CAREER CONSULTATIONS
Career advice, job application reviews, mock interviews and more!

SKILLS WORKSHOPS
Resume writing, interview skills, online applications, etc.
E: careers@mq.edu.au

GETTING WORK EXPERIENCE

BOOST YOUR EMPLOYABILITY FROM DAY 1
Be aware that Australia has laws guaranteeing basic workplace rights, including minimum pay.

VOLUNTEERING AND INTERNSHIPS
These are also a great way to gain experience. You will be able to develop soft skills, improve on your communication skills and integrate more with your new community. Your internship may also lead to employment with the organisation after you graduate.

GETTING TO CLASSES
Please see the campus map at end of this document.
You can find more maps here.
HEALTH & FITNESS

HEALTHY BODY, HEALTHY MIND
Don’t forget to take care of your body. A healthy body, nutritious diet and active lifestyle help a lot in making yourself productive and alert as a student.

Take advantage of our **Sports and Aquatic Centre** on campus for your fitness needs.

STUDENT GROUPS

**RUN BY STUDENTS, FOR STUDENTS**

**WHY JOIN?**
- Find people you click with and who share similar passions and interests as you
- Opportunity to meet people and build your network
- Personal skills development – communication and teamwork
- Social and learning support from fellow students
- Choose from over 100 **student groups** on campus. If you can’t find a group that’s of interest to you, you’re free to start your own.

GLOBAL LEADERSHIP PROGRAM

**STAND OUT FROM THE CROWD**

Studying at Macquarie will give you more than just a degree; it will provide a life-changing experience and build the foundations for a satisfying career.

**AWARD WINNING PROGRAM**

Macquarie’s **Global Leadership Program (GLP)** has been recognised as Australia’s flagship tertiary global leadership program, receiving the prestigious 2017 Institute of International Education award for Innovation in International Education – ‘Internationalising the Campus’, as well as the StudyNSW (NSW Government) 2018 International Student Community Engagement Award.

**ENHANCE YOUR STUDY EXPERIENCE**

As a Study Abroad or Exchange student, you’ll have the opportunity to join Macquarie’s GLP. The GLP will provide you with unique opportunities to enhance your study experience by developing important leadership and intercultural skills. You will develop new friendships and grow your networks while becoming part of the Macquarie campus community.

**YOU WILL BE ABLE TO:**
- easily complete the program over one, or two semesters
- choose four workshops (Colloquia) from a variety of topics
- attend free GLP keynote speaker events where you’ll hear from senior diplomats, innovators, and leaders

**OPTIONAL EXTRAS INCLUDE:**
- day trips to multicultural areas of Sydney
- a four day conference held in Canberra (Domestic Symposium)

There is no cost to join or complete the GLP, and there are no assessments or academic entry requirements. Students who complete the program requirements receive a certificate, GLP transcript and reference letter. Please note, some optional activities may incur a subsided cost and require a competitive application. To join the GLP, register for a Welcome Session via [thrive.mq.edu.au](http://thrive.mq.edu.au) and log in using your One ID and password.

Find out more at [mq.edu.au/glp](http://mq.edu.au/glp)
SAFETY ON CAMPUS
The University offers a complimentary shuttle bus service around the Campus during semester. Hop on or off wherever you choose and use the service as much or as little as you like.
- It’s FREE for all students
- It operates on Monday to Friday during semester from 4pm to 12.30am, meaning you can use the service to transport you to and from Buildings, the Hub, train station and student accommodation
- The shuttle bus follows several routes and operates every 30 minutes so it’s very easy to get where you need to go.

You can get more information on the shuttle bus here.

SECURITY ON CAMPUS
Find out about many ways our security service can help keep you safe on campus.

SHUTTLE BUS
The Shuttle Bus follows a loop around campus between 4pm and 12am, Monday to Friday during the semester.

EMERGENCIES
What to do in the case of different types of emergency on campus.

ALERTS
Register your email address or mobile phone number to receive emergency messages instantly.

000 (TRIPLE ZERO)
Australia-wide emergency contact number if you need police, fire or ambulance.

EMERGENCY + APP
Free app developed by Australian emergency services. It uses GPS functionally to get to you fast and could save your life.

PRE-DEPARTURE CHECKLIST
Kickstart Week - 13 Feb, Class Commencement - 20 Feb

CHECKLIST
- Inform Health Insurance office with your Sydney address
- Your Passport that has at least 6 months validity and a visa
- Personal documents such as Driver’s license/National ID
- A laptop
- A mobile phone, charger and an Australian power adapter
- Cash (Australian Dollar) for emergency and shopping
- Medication (prescription is must), if required
- Clothing
- Confirm the enrolment and class time table
- Pack your own bags
- Pick up on arrival and accommodation
- Plenty of enthusiasm and excitement

SOCIAL MEDIA
FOLLOW US, SHARE WITH US AND ALWAYS STAY UP-TO-DATE
@macquarieuni
facebook.com/macquarieuni
youtube.com/MacquarieUniversity
weibo.com/mquni

CONTACTS
CONTACT FOR EXCHANGE & STUDY ABROAD STUDENTS
E: mi.exchange@mq.edu.au
Should you face any important issue you can meet us:
- By emailing us to make an appointment with a Student Mobility Coordinator
- For emergencies only, by coming to the reception of Global and Domestic Student Recruitment (8 Sir Christopher Ondaatje Avenue) during working hours