Central Commencement Program
For Master of Research Candidates
Semester 1, 2016
Welcome to Country
BPhil/MRes Central Commencement 2016
Professor Sakkie Pretorius, Deputy Vice-Chancellor (Research)
BPhil/MRes Central Commencement 2016

Professor Nick Mansfield, Dean HDR
Transition to Research

- From UG/Coursework: *Consuming Knowledge* ...
- To Research: *Making Knowledge*
- MRes/MPhil/PhD
What is Research?

“The creation of new knowledge and/or the use of existing knowledge in a new and creative way so as to generate new concepts, methodologies and understandings. This could include synthesis and analysis of previous research to the extent that it leads to new and creative outcomes.”

- Australian Government
Structure of MRes

- Year 1: 8 coursework units
- Research Frontiers
- Research Comms
- Situating your own ideas
Year 2 Activities

- Research Frontiers 2
- Literature Review
- Research Methods
- Research Planning
- Thesis (Pilot or PhD)
MRes to PhD

1. PhD/MPhil: the difference
2. Better Preparation
3. Better support (scholarships)
4. International opportunities
Who We Are in HDR

DVC (Research)
HDRO
Dean HDR

Associate Deans HDR
MRes Directors/Advisors
Faculty HDR Office

Departmental Directors

Mentors

Committees: HDRC PESC (Program and Examinations Sub-Committee)
Understanding the Research Environment
The Master of Research and Higher Degree Research Candidate Journey
Central Commencement Program, February 2016

Ms Jennifer Martin

On behalf of Dr Ren Yi
Director Research Training
And International Research Training Partnerships
At a glance

90 per cent of our graduates under the age of 25 are employed in their first full-time job within six months of completing their study.

$1 billion invested in infrastructure and facilities in recent years.

85 per cent of our research is rated at world-standard or higher by the Australian government.

Among top 100 universities in the world for graduate recruitment.

50 countries and over 150 partner universities for exchange.

8200 students in PACE (Professional and Community Engagement) since its inception.

Over 38,000 students.

23 researchers ranked in the top one per cent in the world.

150,000 alumni in more than 140 countries.

20 companies on campus providing access to job opportunities.

10,000 degrees awarded annually.

15 kilometres from the Sydney CBD.
Macquarie’s structures

- Faculty of Science and Engineering
- Faculty of Arts
- Faculty of Human Sciences
- Faculty of Business and Economics
- Faculty of Medicine & Health Sciences
- Macquarie Graduate School of Management
A 10-year Strategic Research Framework

- Research Priorities: 5
- Research Themes: 14
- Research Streams: 69
future-shaping Research Priorities

healthy people
pioneering health, integrated healthcare and lifelong learning for wellness in our ageing world

resilient societies
understanding cultures in our changing world and building ethical, just and inclusive communities

prosperous economies
strengthening economic productivity to promote prosperity in our diverse world

secure planet
sustaining our interdependent world and exploring our place in the universe

innovative technologies
advancing our interconnected world with frontier technologies, systems, designs and creative practice
Four Key Objectives

**Key objective 1:**
Accelerate World-Leading Research Performance

**Key objective 2:**
Prepare world-ready higher degree research candidates

**Key objective 3:**
Engage as a world-recognised research collaborator of choice

**Key objective 4:**
Deliver research with world-changing impact
Our HDR Candidates develop the skills and competencies to succeed in the dynamic and changing world of work.

HDR Candidates statistics (2016, approx.)

- 2,000 Higher Degree Research Candidates
- 500-600 Master of Research Candidates
- 30-40% International Candidates
University Scholarships @ MQ

MQ invests around AUD$30 mil. per year in scholarship funding, enabling over 200 new HDR and MRES enrolments per year.

- International Macquarie University Research Excellence Scholarships (MQRES & IMQRES)
- Cotutelle IMQRES scholarships with research partner universities
- Faculty top-up Scholarships, e.g. grants for travel & research related expenses
Principles and Trends in Research and Research Training in Australia

- Sustainability (SRE)
- Excellence (ERA)
- Transparency
- Accountability
- Integrity
National Structure of Research Integrity Management in Australia

National Responsibility
1. 2007 Australian Code for Responsible Conduct of Research (2007 Code)
2. Australian Research Integrity Committee

Institutional Responsibility
1. Institutional Policy on Research Misconduct

Researcher Responsibility
1. HDR students Induction/Orientation program
2. Workshops on Research Integrity
Principles on international research collaboration

Macquarie University Code for the Responsible Conduct of Research
• http://www.mq.edu.au/policy/category.html#research

Singapore Statement on research integrity (2010)
• http://www.singaporestatement.org/

OECD principles (2009)
• http://www.oecd.org/dataoecd/42/34/42770261.pdf
MQ aims to provide you with a research culture, climate and community that supports your research journey. But - it also includes your own engagement with other HDR students, staff and the wider MQ community.

Faculty HDR contacts (Managers):
• Faculty of Business & Economics - Agnieszka Baginska
• Faculty of Human Sciences - Robyn Bishop
• Faculty of Arts - Maryanne Hozijan
• Faculty of Science – Jane Yang
• Faculty of Medicine and Health – Tania Kinane / Viviana Bong
• MGSM - Kerry Daniel
International Research Opportunities
NEW!: Master of Research Exchange

Ms Jennifer Martin
HDR Manager (Governance and Management)
World-Leading Research; World-Changing Impact

Key objective 2: Prepare world-ready higher degree research candidates

To prepare truly world-ready research candidates we will: attract higher degree research candidates of the highest quality; provide unrivalled and inspirational supervision; enable a transformative research experience; provide opportunities to engage with the real world; offer internationally-aligned programs with global relevance; and support them with personally enriching experiences and excellent support structures.
1. Institution level overarching agreements
2. Faculty level groundwork on course equivalence and supervisor availability
3. Application Process
4. Faculty consideration/approval
5. HDRO consideration/approval/offer/enrolment
6. Pastoral Care
7. Capturing success stories/reporting/ongoing international partnership development
1. Institution level overarching agreements

- University of Potsdam
- University of Heidelberg
- University of Hamburg
- Justus Liebig University Giessen
- University of Goettingen
  Erika Braun has arrived February 2015 – our first Mres exchange (inbound)
  One student S1 2015, 8 students S2 2015
- Ecole Central de Lyon
- Tel Aviv University, Israel: James McLellan our first outbound exchange
  student 2015/2016
- East China Normal University

More under negotiation ..
3. Application Process

- The MQ application form on our website – include proposed courses OR communication/agreement with proposed supervisor
- Partner institution specific templates and requirements to be completed
- Overarching Process Map on our website

We recommend students plan 2-6 months in advance (exchange with existing partner)
Consider Costs and Funding

Tuition fee paid to home University (where applicable)

Outbound exchange students are covered by University insurance for indemnity and additional travel insurance,

Inbound exchange students must purchase additional travel insurance and OSHC

Macquarie University scholarships for outbound Macquarie University MRes students as on our website

Travel support opportunities available - Nathen Rhead memorial scholarship
Cotutelle & Joint PhD
International Joint Supervision Programs
Cotutelle & Joint PhD

FACT & FIGURES

- **Joint Enrolment at Two Universities**
- **91 Cotutelle/Joint PhD Candidates Currently Enrolled**
- **Over 250 Cotutelle/Joint PhD Candidates Since the Programs Inception**
- **Partner Universities in Over 30 Countries – Led by Europe and China**
- **Science and Engineering Have the Most Candidates**
- **Joint Supervision Programs Are Part of Our Strategic Research Framework from 2015 - 2024**
Cotutelle & Joint PhD

FUNDING

Macquarie University Research Excellence Scholarship (MQRES)

- Return airfare from Australia-Destination Country
- Tuition fees at MQ for up to 3 years (if applicable)
- Stipend on MQ campus

Partner University
This will depend on what university you go to. It can vary from a scholarships award, receiving payments as an assistant researcher, funding from a research lab etc.
Interested?

Is this program suitable for you?

- Consider why this program is appropriate for you and research possible partners.

- Talk to your supervisor. They need to agree to this as they will have to work with the academic/researcher overseas to guide you in your PhD appropriately.

- Your supervisor may also be able to suggest an academic or university to approach.

- If your supervisor thinks it’s a suitable program for you and you have an academic/researcher overseas interested then talk to HDRO.
Thank You

Current students: www.hdr.mq.edu.au

Future students: www.mq.edu.au/research/phd-and-research-degrees
When we sit down to write, we are not simply finding the best words to express what we want to say, but finding the best words to express what we want to say *to someone*. And whom we are addressing makes us into a particular kind of author and indeed a particular kind of self.

-Celia Hunt and Fiona Sampson

*Writing: Self and Reflexivity* (2006)
Charles Cooley’s looking glass self

How my thesis examiner sees me.

How my MRES700 tutor sees me.

How my classmate sees me.

How my supervisor sees me.

Adapted from Image by Rcragun, distributed under a CC BY 3.0 License.
Some questions we will address

How might we interpret or translate complex findings and discipline-specific concepts into a language, format and context that non-experts can understand?

In other words, how will you think, talk and write about your research in ways that are accessible to a wider audience?

Why does this matter? What are the benefits of doing so?
MRES700 aims to

- Encourage you to participate in the *creation* of knowledge – to recognise your own intellectual skills and sense of voice in communicating your research
- Develop skills in interpreting and translating your research for a wider, non-specialist audience
- Give you an opportunity to experience the joy and generosity of academic work in reviewing your own and others’ texts
- Develop inspiring relations with how you read and write, and importantly, to establish a sustainable research practice into the future
FAQs

• When should I take MRES700?
• How much FTF contact is there?
• Can I take the unit externally?
• I work full-time. Are any classes run outside business hours?
• Do I need to register into a tutorial?
• Is there a Unit Reader?
Class registration (S2, 2016)

Lecture (1 hr) + Tutorial (2 hrs) per week

1. Go to the 2016 Timetables site for available classes

2. Log into eStudent to register.

Remain in the same tutorial group all semester.
“MRES700” on https://timetables.mq.edu.au/2016/

Note which tutorials are available for your research type:
Science / Social Science / Humanities
Lecture: Tuesdays 11am - 12pm  W5A T1

Tutorials: C5A Room 301

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<tr>
<th></th>
<th>Science</th>
<th>Social Science</th>
<th>Humanities</th>
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<td>Tuesday</td>
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<td>Friday</td>
<td>11am – 1pm</td>
<td>4 – 6pm</td>
<td>9 – 11am</td>
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<td>2 – 4pm</td>
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NB: info current at 08/2/16
Log into eStudent to register into classes

http://students.mq.edu.au/home/

For instructions, go to:
https://students.mq.edu.au/student_admin/enrolmentguide/enrolment_faqs/
To access MRES700 Readings

Go to the MQ Library website
www.mq.edu.au/about/campus-services-and-facilities/library
Online component

ilearn = MQ’s learning management system (moodle)

Lecture recordings and slides; weekly tasks; assignment briefs, rubrics & submission; library training videos

Go to ilearn.mq.edu.au to login. Look for MRES700 under “Session 1, 2016” or “Session 2, 2016”
Teaching staff

Unit convenor:
Semester 1: Dr Juliet Lum
Semester 2: Dr Florence Chiew
Semester 3: TBA

Tutors (Semester 2 only):
• Humanities: Dr Michelle Jamieson
• Science: Dr Jennifer Rowland
• Social Science: TBA
• Social Science/Humanities: Dr Florence Chiew
We will be in touch soon!

juliet.lum@mq.edu.au
florence.chiew@mq.edu.au
Responsible Research and Research Ethics
A GUIDE FOR STUDENTS

Dr Nitya Phillipson
Human Research Ethics
Research Ethics and Integrity
What is Research Integrity?

Research integrity can be defined as the trustworthiness of research due to the soundness of its methods and the honesty and accuracy of its presentation.

- Draft Singapore Statement 2010
Academic freedom is the foundation of the University.

It is the right to put forward a position and have that position openly debated.

The principles of Academic Freedom only hold if researchers act with integrity.
Research Integrity

WHY DOES IT MATTER?

• Reliability of research
• University’s reputation
• Reliability of degrees
• Health and safety
• Funding
• Criminal investigation

Probe on academics uncovers new concerns

UQ researcher to face court on fraud, dishonesty charges

Cancer drug trial suspended as misconduct allegations fly

Millions of dollars in research money for the University of New South Wales has been frozen as multiple investigations into alleged research misconduct are launched.
Responsible Conduct of Research:
- Principles and practices of good research
- Applies to all research

Research Ethics:
- Standards for research with humans, animals and GMO's
The Responsible Conduct of Research

THE MACQUARIE CODE
Principles and Practices

MAIN TOPICS ADDRESSED:

• General principles of responsible research
• Management of research data and primary materials
• Supervision of research trainees
• Publication and dissemination of research findings
• Authorship
• Peer Review
• Conflicts of Interest
• Collaborative research across institutions
Where to get Information

The Macquarie Code:  
http://mq.edu.au/policy/category.html#research

The Australian Code:  

Online resources...  
• Epigeum Research Integrity Course on iLearn  
• The Lab - http://ori.hhs.gov/thelab  
• The Research Clinic - http://ori.hhs.gov/TheResearchClinic
Breach of the Code – Failure to comply with the code or policy

Research misconduct involves all of the following –

• an alleged Breach of the Code
• intent & deliberation, recklessness or gross and persistent negligence
• serious consequences

Examples of research misconduct:

• fabrication, falsification, plagiarism or deception
• failure to declare or manage a conflict of interest
• failure to follow research proposals as approved by a research ethics committee
• wilful concealment or facilitation of research misconduct
Research Integrity Advisors

- Associate Deans of Higher Degree Research and Research

- RIAs can provide advice on good research practice
  - Talk about issues before they become problems

- RIAs also provide advice about reporting breaches

- If you have concerns:
  - Talk to any RIA, not just in your faculty
  - Talk in hypotheticals
  - Get their help and advice in preparing your complaint
We all have an obligation to report suspected breaches or misconduct

Discuss your concerns with an Advisor

Reports made to Director, Research Ethics and Integrity

Research.integrity@mq.edu.au
Research Ethics
APPLYING FOR ETHICAL APPROVAL AT MACQUARIE
The core of ethical research

Ethical and responsible research (and use of research data) has, at its core, a judicious balancing of benefits against any risks/potential harms.

This means...

Advancement of knowledge
Attainment of potentially significant social and individual benefits

must be balanced against

Protection of vulnerable parties
Research ethics oversight

<table>
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<tr>
<th>Research type</th>
<th>National requirements</th>
<th>Macquarie Committee</th>
<th>Forms, guidelines, information</th>
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</table>
| Human         | National Statement on Ethical Conduct in Human Research (2014) | • MQ Human Research Ethics Committees x 2  
• Faculty Committees | 10 meetings/year  
See website |
| Animal        | Australian for the care and use of animals for scientific purposes (2013) | • MQ Animal Ethics Committee | 10 meetings/year  
See website |
The Biosecurity Act 2015 | • MQ Institutional Biosafety Committee | 3 meetings a year & virtual meetings as necessary  
See website |

Requirement in order to submit thesis and publications

Human research ethics
Responsibilities to *human* research participants

- Approval must be obtained from an HREC for all research involving and observing humans, their samples and their data.

**Applications are reviewed against the *Four Principles*:**

- **Research Merit and Integrity**
  Justifiable and appropriate

- **Justice**
  Fair recruitment and access to benefits

- **Beneficence**
  Benefit must justify risks

- **Respect for Human Beings**
  Respect human value and autonomy

Animal research ethics
Responsibilities to *non-human* research participants

All work with animals must be approved by the AEC

**Key principles of working with animals:**

*The 3 ‘R’s*

- **Replacement**
  Methods that avoid or replace the use of animals

- **Reduction**
  Methods that minimise the number of animals used

- **Refinement**
  Methods that minimise the pain, suffering, distress or lasting harm

Your Responsibilities

• Follow the standards
• Get training
• Talk regularly with your supervisor
• Ask if your project needs approval
• Seek advice if you think there is something wrong
• Report breaches
The take-home message

- Be aware of relevant regulation/legislation

- But don’t think of responsible/ethical research as just about regulatory/legal compliance

- Instead, habituate yourself to engaging in continuous reflection on the values implicit in academic research:
  
  ➢ Does your research project & practice reinforce or undermine these values?
  
  ➢ Does your conduct reflect ethical engagement with colleagues, co-researchers, supervisors, assessors/reviewers, fellow postgraduates, research participants, animal subjects, etc.?
  
  ➢ If you have a bad feeling or feel uneasy about something, talk to someone.
Contact us
WHERE TO SEEK ADVICE

HUMAN RESEARCH ETHICS
• Ethics.Secretariat@mq.edu.au

ANIMAL RESEARCH ETHICS
• Animal.Ethics@mq.edu.au

BIOSAFETY
• Biosafety@mq.edu.au

RESEARCH INTEGRITY
• Research.Integrity@mq.edu.au
Thank you

Good luck with your research!
Application process

Prepare
- Download the Ethics form
- Work with your supervisor to prepare the application prior to the ethics deadline

Submit
- PDF & email to: ethics.secretariat@mq.edu.au
- Include all associated documents such as PICFs (include version dates on all documents)

Review
- Applications are risk-assessed
- Reviewed by either an HREC or Faculty Sub-Committee

Revise
- The Committee may ask for revisions to be made before the application can be approved

Approve
- When all concerns are addressed you will receive an approval letter from the Committee

Research
- Get on and do your research
- Report any Adverse Events

Amend
- You can request amendments to approved protocols
- Submit using an Amendment Request Form

Report
- Complete your progress and final reports as required
What can your library do for you?

MACQUARIE UNIVERSITY LIBRARY SERVICES
FOR MASTER OF RESEARCH STUDENTS
LIBRARY SERVICES FOR MRES STUDENTS

- Research Consultations
- Borrowing and Study Spaces
- Getting Material from other Libraries
- Organising your Research
- Training Workshops
  - EndNote/Mendeley
  - Citation Analysis
Individual Consultations

YOUR RESEARCH LIBRARIAN CAN PROVIDE:

- An introduction to relevant information resources.
- Strategies for effective searching.
- Advice on setting up and managing search alerts.
- Help identifying research papers with a major impact on the field.

Find *your* Research Librarian on the Library website.
BORROW AN UNLIMITED NUMBER OF BOOKS FOR 16 WEEKS (PLUS 5 RENEWALS)

AUTOMATED RETRIEVAL COLLECTION REQUESTS VIA MULTISEARCH

ONLINE ACCESS TO BORROWING DETAILS VIA MULTISEARCH INCLUDING HOLDS AND RENEWALS
Study Space (Level 5)

HIGH DEGREE RESEARCH STUDY SPACE
Located on level 5
Apply for access

Apply online for access.

- Swipe card access.
- Over 130 seats.
- Desktop power for laptops.
- Free daily lockers.
- Vending machine.
- Macquarie wireless network access.
If we don’t have it, you can request it...

Borrow from other libraries.

E-documents delivered to your desktop.

Suggest a new purchase.
To learn more about research support contact your Research Librarian.

**Research support**

- **Early Career Researcher support**
  The Library provides targeted research support and services throughout the research cycle.

- **Subject & Research Guides [🔗]**
  To help you with researching, referencing and doing your assignments

- **Researching your assignment**
  Information skills such as finding and analysing resources, and database use

- **Track your research [🔗]**

- **Measure research impact and influence**

- **Macquarie University ResearchOnline [🔗]**
  Macquarie University's open access digital collection

- **Research data management [🔗]**
  Find out more about research data management and showcase your research data.

- **InfoWise [🔗]**
  Online research and information literacy support tool.
Subject and Research Guides

Research Guides  Print Page

Search:  

Arts
- Anthropology
- Dance & Performance
- ENVG111
- History - Ancient
- History - Australian
- History - Big History
- History - Modern
- History Resources for High School Students
- Languages - Asian
- Languages - European
- Law

Business & Economics
- Australian Economy
- Australian Industry
- Confidentialised Unit Record File (CURF)
- Demography
- Finance
- Household, Income and Labour Dynamics in Australia (HILDA)
- Management
- Management Statistics
- Marketing
- MKTG101 Marketing Fundamentals

Other Research Support
- Bibliographic Referencing Software
- eBooks
- MultiSearch Basic
- MultiSearch Advanced
- Open Access
- Postgraduate Research Support
- Referencing
- Systematic Reviews
- Tracking your Research
- Troubleshooting eResource Problems
Managing your Research

Bibliographic Referencing Software

Citations
A citation provides information needed to locate a book, journal article or other resource. These are usually listed in a bibliography, index or database.

Book: Generally a book citation would include author, title, place of publication, publisher and date of publication.

Journal article: Generally, a journal article citation will include author, title of the article, title of the journal in which the article appeared, volume number, issue number,

How to use this LibGuide
Most bibliographic management software allows you to:

- Create bibliographic records for your citations, either by manual entry or electronically, mainly from databases and library catalogues
- Manage this data by allowing the addition of personal notes, attachments and sorting of records.
- Link to word processing documents to insert in-text or footnote citations and construct bibliographies.
- Provide a range of citation styles.
- Provide a range of format types (book, journal article, book chapter).

Macquarie University has a licence for a bibliographic management software packages:

- ENDNOTE

This LibGuide provides information about this application and other free software that has similar functionality.

Citation Styles
The Library Referencing LibGuide provides examples of different citation styles.

Ask a Librarian
Need HELP with your assignment or research?

Contact us

Call us on 1800 300 753
Finding Theses Online

ResearchOnline @ Macquarie

Research support
- Early Career Researcher support
  The Library provides targeted research support and services throughout the research cycle.
- Subject & Research Guides
  To help you with researching, referencing and doing your assignments
- Researching your assignment
  Information skills such as finding and analysing resources, and database use
- Track your research
  Measure research impact and influence
- Macquarie University ResearchOnline
  Macquarie University's open access digital collection

Trove for other examples

NATIONAL LIBRARY OF AUSTRALIA

Find and get over 403,065,972 Australian and online resources:
- books, images, historic newspapers, maps, music, archives and more

Learn about Trove
- A guide to Trove
- How to correct newspaper text
- How to order a copy of an item

Search

Macquarie University ResearchOnline
Need Help?

**Tours:** 22 Feb – 4 March
Monday to Friday 2.15pm, 3.15pm

**Individual Consultations** with your Research Librarian

**Online:**
- EndNote and Mendeley tutorials and guides
- Subject and Research Guides
- Video tutorials
Physical Opening Hours

SESSION 1 – CHECK LIBRARY WEBSITE FOR BREAK HOURS

Monday – Friday
Levels 1 & 2: 8.00am – 10.00pm
Levels 3, 4 & 5: 7.00am – 1.00am

Saturday & Sunday
Levels 1 & 2: 10.00am – 6.00pm
Levels 3, 4 & 5: 10.00am – 1.00am

Services end at 10pm on week days and 6pm on weekends.
Thank you

SEE YOU @ THE LIBRARY
Career and Employment Service & HDR Professional Skills Development Program

2016
Career and Professional Development support for HDR students

Two areas to help you with Developing and Managing your Career

Our mission is to:

- assist students to make informed career decisions
- guide students in developing transferable ‘employability’ skills throughout their studies
- maximise students’ chances of gaining a job that fulfils their potential

Career and Employment Service

HDR Professional Skills Development Manager
What are your future goals?

How will your M.Research help you achieve these goals?

What else will you need to do to achieve these goals?

When do you need to start?

Questions to consider … seriously
Careers and Employment Service + HDR Professional Skills Development program

Audit your skills and recognise their value
Plan how to get the additional skills you need
Build connections to the world of work
Find out about career opportunities / types of jobs
  - National & International
  - Academic and Non-academic options
Develop your evaluation criteria and job search/marketing approach
HDR Professional Skills Development Program

- Professional Skills development for HDR candidates including: employability, career development, networking, job applications & interview preparation

- Workshops and events throughout the year - *registration via HDR Learning Skills iLearn site*

- HDR Professional Skills Needs Survey

- InSpiRE
Program features guest speakers, interactive workshops & networking

Connecting c.400 postgraduate research students from universities in NSW

Develop skills to pursue collaborative and interdisciplinary research.

Events will be held at UTS Aerial Centre

Participants will be required to pay c.$150 for the five day conference.
Website: HDR Professional Skills

- Creating content
- Information, links & resources …
  e.g. career development, labour market stats, networking, entrepreneurship, job application & interview preparation

http://www.hdr.mq.edu.au/information_for/HDR_support_and_development/hdr_professional_skills_program
Career and Employment Service … We’re available to you

Tailored individual career consultations – C7A (MUSE building)

- Open Mon – Fri 9am – 5pm (year round)
- Job search support, Application & resume help, Career advice
- Mock interviews and online resume/application review service

Jobs on and off campus

- CareerHub: https://www.careerhub.mq.edu.au

Connecting with employers (register via CareerHub)

- Employer presentations (year round)
- Careers Fair (Sem 1 & 2)
Some useful resources

Vitae.ac.uk - [http://www.vitae.ac.uk/](http://www.vitae.ac.uk/)
Professional and career development site for doctoral researchers and research staff in higher education institutions and research institutes.

Academic jobs database and excellent resources on networking, writing a resume, interviewing and writing grants.

Academia.edu - [http://academia.edu/](http://academia.edu/)
A platform for academics to share research papers.

Leading source of news and funding opportunities around the world.

Academiccareers.com - [http://academiccareers.com/](http://academiccareers.com/)
Includes teaching, professional and administrative positions at universities, research institutes, (community) colleges and schools around the world.

Social media resources

- [Handbook of social media for researchers and supervisors](http://www.researchgate.net/)
- Twitter (#phdchat)
- Academic blog portal - [http://www.academicblogs.org](http://www.academicblogs.org)
- PhD blog - [http://phdblog.net/](http://phdblog.net/)
- My exciting PhD journey! - [http://elenaphd.wordpress.com](http://elenaphd.wordpress.com)
Takeaways from today….

- Start thinking about your future now (contact us for help!)
- Get involved, contribute and start early
- Respond - HDR Professional Skills Development Program survey
- Register for CareerHub
  - Select ‘Current Post Graduate Student Registration’ under ‘First time here?’
  - Set up account using your MQ Student OneID
- Come along to the Careers Fair 16 March 2016 register via CareerHub

Career and Employment Service
C7A Muse building Ph: 9850 7372
Email: careers@mq.edu.au
Careers website - www.careers.mq.edu.au
www.facebook.com/macquarieuniversitycareerservice

HDR Professional Skills Development Program
Ph: 9850 8725
Email: sally.purcell@mq.edu.au
HRD Support & Development website -
http://www.hdr.mq.edu.au/information_for/HDR_support_and_development/
Thank you
Campus Wellbeing and Support Services

2015
Services for students
Campus Wellbeing and Support Services

Health and wellbeing literacy programs

Grievance reviews

Disability support

Counselling & psychological services (CAPS)

Religious Services / Chaplaincy

Student advocacy, care & support

Welfare support

Emergency care & response
Other wellbeing focused supports

- Women’s Room
- Queer Space
- Mentoring programs
- Peers / Student groups
- Medical Service
- Residential advisors
- Sport and Aquatic Centre
- Careers Service
- Elders in residence (Warawara)
Respectful Relationships
Ensure PERSONAL safety

Macquarie University has a lower than average crime rate
If you are victim of a crime report it
Macquarie University has many places for support

<table>
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<tr>
<th>Macquarie University Services</th>
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</thead>
<tbody>
<tr>
<td>Security</td>
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<tr>
<td>Campus Wellbeing and Support Services:</td>
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<tr>
<td>1800 Care MQ: 1800 227 367</td>
</tr>
<tr>
<td>Medical Service: 02 9812 3944</td>
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<tr>
<th>External Supports</th>
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<tr>
<td>Police 000</td>
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<tr>
<td>Lifeline 131 114</td>
</tr>
<tr>
<td>Domestic Violence Hotline 1800 656 463</td>
</tr>
<tr>
<td>NSW Rape Crisis (02) 9819 6565 or 1800 424 017 (if phoning from outside of NSW)</td>
</tr>
</tbody>
</table>
24 hour support available

Ask mq.edu.au
University Wellbeing Course

The UnWellbeing Course is designed to teach practical skills for managing symptoms of stress, anxiety, worry, low mood and depression.

- Welfare Service
- Religious Services
- Medical Services

Dr Blake Dear
Co-Director, eCentreClinic
Macquarie University, Australia

Prof Nick Titov
Co-Director, eCentreClinic
Macquarie University, Australia
Thank you

Campus Wellbeing and Support Services
Level 2, Lincoln Building, C8A
P: 9850 7497
mq.edu.au/wellbeing
MRes – My Experiences!

-Simran Talwar
Read as much as you can!
Write, write and write!
You’re special, you are a HDR!!
There will be highs, and there will be lows ...
Allow this to be a holistic journey …
“Life is like a camera. Focus on what’s important, capture the good times, develop from the negatives and if things don’t work out, just take another shot.”
Landing on the Moon:

Small Step → One Man
Giant Leap → Mankind

Getting a Ph.D.:

Giant Leap → One Person
Tiny, Insignificant Step → Mankind

Simran_Talwar@students.mq.edu.au
HDR Research: A Student’s Perspective

Cheryl Ware, Faculty of Arts
cheryl.ware@mq.edu.au
Dealing with Impostor Syndrome

• It’s a marathon, not a race

• Every project is different

• People have taken different paths to get here

• Remember that you deserve to be here!

Who do you ask for advice/information?

• Your supervisor
• Departmental HDR Director
• Departmental administrators
• Other postgraduate students
• Student representatives for your department, faculty, senate, student representative committee
• Funding: conference websites – apply early!
Social networks and events

• Desk space in Y3A: arts-hdr-y3a-students@googlegroups.com

• “Shut up and work” sessions

• Departmental seminars

• Postgraduate seminar series

• Three minute thesis

• thesiswhisperer.com
Invitation: Macquarie University HDR and MRes Welcome

You are warmly invited to attend the Macquarie University HDR and MRes welcome function!

This will be an excellent opportunity to meet and network with other postgraduate researchers and staff in a friendly and supportive environment.

The event will be held on **Friday, February 26** at **12.30PM** in **Level Three of Macquarie University’s Campus Hub (Building C10)**.

It will begin with a welcome from the Deputy Vice-Chancellor (Students and Registrar) Deidre Anderson, followed by nibbles and drinks.

Please RSVP by clicking **here** before Friday, February 19 for catering purposes.

For more information, please contact: **postgradwelcome@gmail.com**

We look forward to seeing you all there!

Postgraduate representatives, Student Representative Committee
Have fun!

Enjoy the time you get to work on your own project, attend conferences, and share your research and ideas in supportive and stimulating environments.
Master of Research Mentoring Program

HDR Mentors Program
HDR Mentors

Purpose & Aim

- Increase formation of research community, reduce sense of isolation, increase intellectual climate
- Improve peer level support, foster a scholarly community between MRes and PhD students
- Improve BPhil/MRes student experience, promote feeling of belongingness
- Create networking opportunity between MRes, PhD students and faculty staff members

To create a peer to peer platform to support and enhance the research quality, capability and experience of the research students
HDR Mentors

Building research network

Linking Alumni and Industries

Peer to peer support

Skills development

Tackling current issues: PhD employability

Developing social integrity
HDR Mentors

Functional wings of HDR Mentors

Mentoring  \[\leftrightarrow\]  HDR Mentors  \[\rightarrow\]  HDR Student Group (HDR Lounge)
HDR Mentoring

- Experience sharing sessions
- Starting your research journey
- Thesis submission challenges
- One to one support to mentees along their MRes journey
MRes Mentors

- Session for MRes Year 1: Starting your BPhil/MRes journey
  - taking interdisciplinary units
  - supervision
  - work/life balance
  - research skills
  - project management
A platform for HDR students to practice, share and enhance knowledge
HDR Lounge
Presentation skills
HDR Lounge
Academic events

HDR peer to peer presentation day
• HDR Peer to Peer presentation day
• 5 minutes to peers from cross disciplinary candidates, to cross disciplinary audience
• Limited to 10 participants per session

Write Now
• Weekly session: every Wednesday, starting from 9 March
• 12-2pm
• Writing Consultants available
Cultural Sharing Pot Luck Dinner
Day trips
HDR Lounge
Welcome lunch

Thursday, 3 March 2016, C5A 315
Want to know more?

HDR Mentors website will be available end of March, with events plans, details and dates

After lunch 2pm back here at Macquarie Theatre

Email: hdrmentors@mq.edu.au
Faculty HDR Representatives

**Arts**
Associate Dean, HDR  
Dr Andrew Alter  
Faculty HDR Manager  
Maryanne Hozijan  
MRes Director  
Dr Victoria Flanagan

**Business & Economics**
Associate Dean, HDR  
Prof Lorne Cummings  
Faculty HDR Manager  
Agnieszka Bagniska

**Human Sciences**
Associate Dean, HDR  
A/Prof Judith Homewood  
Faculty HDR Manager  
Robyn Bishop  
MRes Director  
Dr Annabelle Lukin

**Medicine & Health Sciences**
Associate Dean, HDR  
Prof Roger Chung  
MRes Director  
A/Prof Ann Goodchild  
HDR Administration Officer  
Laura Newey

**Science & Engineering**
Associate Dean, HDR  
A/Prof Tracy Rushmer  
Faculty HDR Manager  
Jane Yang  
MRes Director  
A/Prof Bridget Mabbutt

**MGSM**
Director, HDR  
Dr Vito Mollica  
Research Office Executive  
Kerry Daniel