

PERFORMANCE RATING FORM SCORING

To score the measure first reverse score the items marked with an *. Then simply total the relevant items. Most studies use total scores for all 17 items. Some divide a “specific” subscale from a “general” subscale. The specific items are the first 12 and the general items are the last 5.

	not at all	slightly	moder- ately	much	very much
Content was understandable	0	1	2	3	4
Kept eye contact with audience	0	1	2	3	4
*Stuttered	0	1	2	3	4
*Had long pauses (more than 5 seconds)	0	1	2	3	4
*Fidgeted	0	1	2	3	4
*"Um"ed and "Ah"ed	0	1	2	3	4
Had a clear voice	0	1	2	3	4
*Seemed to tremble or shake	0	1	2	3	4
*Sweated	0	1	2	3	4
*Blushed	0	1	2	3	4
*Face twitched	0	1	2	3	4
*Voice quivered	0	1	2	3	4
Appeared confident	0	1	2	3	4
*Appeared nervous	0	1	2	3	4
Kept audience interested	0	1	2	3	4
Generally spoke well	0	1	2	3	4
Made a good impression	0	1	2	3	4