Please note that menu can be adjustable for Nursery Room and Individuals' need and requirement.

Breakfast Available from 7:30am – 8:15am Weet bix or Rice Bubble with Banana, Sultanas and Milk.					
Week 1	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
Morning Tea	Wholemeal pita bread with yoghurt dip and Seasonal Fruits	Pikelets and seasonal Fruits	Wholemeal Toast with Margarine, Vegemite, Jam and Seasonal Fruits	Yoghurt and Seasonal Fruits	Baked Beans with Whole meal bread sticks and Seasonal Fruits
Lunch	Thai curry Fish with Rice  with Seasonal fruit plate **Veg option: Meat is replaced with Tofu/Chickpea**	Teriyaki Beef with Rice Noodle  with Seasonal fruit plate **Veg option: Meat is replaced with Tofu.**	Creamy Chicken potato with Rice  with Seasonal fruit plate **Veg option: Meat is replaced with Tofu.**	Beef Stroganoff with Pasta  with Seasonal fruit plate **Veg option: Meat is replaced with Tofu**	Macau Style Curry Chicken with Rice  with Seasonal fruit plate **Veg option: Meat is replaced with Falafel**
Afternoon Tea	Cheese sandwich and Veggies stick	Wholemeal Garlic Bread and Veggies stick	Cheese Spinach pastry and veggies stick	Wholemeal Banana Muffin and veggie stick	Fruit Toast with veggies stick

*Serving Milk at Morning Tea and Afternoon Tea, that is full cream for under 2years old, and reduced-fat milk for over 2years old.
*Water available throughout the day.
*Afternoon Tea is made with the least amount of sugar.

Please note that menu can be adjustable for Nursery Room and Individuals' need and requirement.

Breakfast Available from 7:30am – 8:15am Weet bix or Rice Bubble with Banana, Sultanas and Milk.					
Week 2	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
Morning Tea	Baked Beans with Whole meal bread sticks and Seasonal Fruits	Yoghurt and Seasonal Fruits	Wholemeal Toast with Margarine, Vegemite, Jam and Seasonal Fruits	Pikelets and seasonal Fruits	Wholemeal pita bread with yoghurt dip and Seasonal Fruits
Lunch	Beef Meat balls with pasta  with Seasonal fruit plate **Veg option: Meat is replaced with Tofu/chickpea.**	Japanese curry chicken with Rice  with Seasonal fruit plate **Veg option: Meat is replaced with Tofu/ Chickpea**	Beef Chilli Con Carne with Rice  with Seasonal fruit plate **Veg option: Meat is replaced with Tofu/ Chickpea**	Creamy chicken Mushroom with Pasta  with Seasonal fruit plate **Veg option: Meat is replaced with Tofu.**	Beef Bolognese with pasta  with Seasonal fruit plate **Veg option: Meat is replaced with Tofu.**
Afternoon Tea	Cheese sandwich and Veggies stick	Wholemeal Garlic Bread and Veggies stick	Cheese Spinach pastry and veggies stick	Wholemeal Banana Muffin and veggie stick	Fruit Toast with veggies stick

*Serving Milk at Morning Tea and Afternoon Tea, that is full cream for under 2years old, and reduced-fat milk for over 2years old.
*Water available throughout the day.
*Afternoon Tea is made with the least amount of sugar.