

10 ways to save energy



TURN OFF, TURN GREEN



Most people are good at turning off personal equipment, but don't forget common areas. **Switch off lights, TVs, computers and air conditioning** if last out.

SHOWER POWER



Reducing the length of your shower by just one minute could save up to 6,900 litres of water each year. Plus **short showers save power!**

WEAR IT!



Dress appropriately for the weather to avoid using air conditioning. Layer up in winter and dress light in summer.

PHANTOM LOAD



Unplug or switch off electronics at the wall socket - most devices still draw up to 10% of their total energy use whilst Off or in Stand By mode, aka Phantom Load!

KEEP UP THAT KEEP CUP



Disposable coffee cups and water bottles are energy intensive to produce and distribute. **Carry Keep Cups and reusable water bottles around.**

PEOPLE POWERED



Walking and cycling are free and are powered by you, rather than fossil fuels. **Cycling is the most energy efficient transport** per passenger-mile.

COLD WASH, SUN DRY



Where possible, **wash clothes in cold water and sunlight dry them.** These practices will not only save power, but can make your clothes last longer!

COOL IT



Fans are extremely energy efficient at cooling us down, but **turn them off when you leave the room** - most work by evaporating moisture from our skin.

SMART APP



Switch off extra functions and apps (eg. Bluetooth, wireless) from your computers and phones to extend your battery and computer life.

KEEP A LID ON IT



Using the right sized **lids on pots and pans** when cooking will keep heat contained and make cooking faster and more efficient.

