

Instructions for Scoring CATS

Each subscale is scored by summing the relevant responses (each worth between 0 and 4). Subscales have a range of 0-40. The total score is the sum of all subscales (range 0-160).

Scale	Child	Range	Clinical Cut-off
Physical Threat	4, 7, 9, 12, 16, 20, 24, 33, 36, 39	0-40	≥ 16
Social Threat	1, 6, 8, 14, 18, 21, 25, 29, 31, 32	0-40	≥ 20
Personal Failure	3, 11, 13, 17, 23, 26, 28, 30, 34, 38	0-40	≥ 18
Hostile Intent	2, 5, 10, 15, 19, 22, 27, 35, 37, 40	0-40	≥ 23
Total Score	All	0-160	≥ 70

Physical Threat

4. I'm going to have an accident
7. I'm going crazy
9. I'm going to die
12. My Mum or Dad are going to get hurt
16. I'm scared of losing control
20. I'm going to get hurt
24. Something awful is going to happen
33. I'm scared that somebody might die
36. There is something very wrong with me
39. Something will happen to someone I care about

Social Threat

1. Kids will think I'm stupid
6. I'm worried that I'm going to get teased
8. Kids are going to laugh at me
14. I'm going to look silly
18. People are thinking bad things about me
21. I'm afraid of what other kids will think of me
25. I look like an idiot
29. Other kids are making fun of me
31. Everyone is staring at me
32. I'm afraid I will make a fool of myself

Personal Failure

3. I can't do anything right
11. I am worthless
13. Nothing ever works out for me anymore
17. It's my fault that things have gone wrong
23. I've made such a mess of my life
26. I'll never be as good as other people are
28. I am a failure
30. Life is not worth living
34. I will never overcome my problems
38. I hate myself

Hostile Intent

2. I have the right to take revenge on people if they deserve it
5. Other kids are stupid
10. Most people are against me
15. I won't let anyone get away with picking on me
19. If someone hurts me, I have the right to hurt them back
22. Some people deserve what they get
27. I always get blamed for things that are not my fault
35. People always try to get me into trouble
37. Some people are bad
40. Bad people deserve to get punished